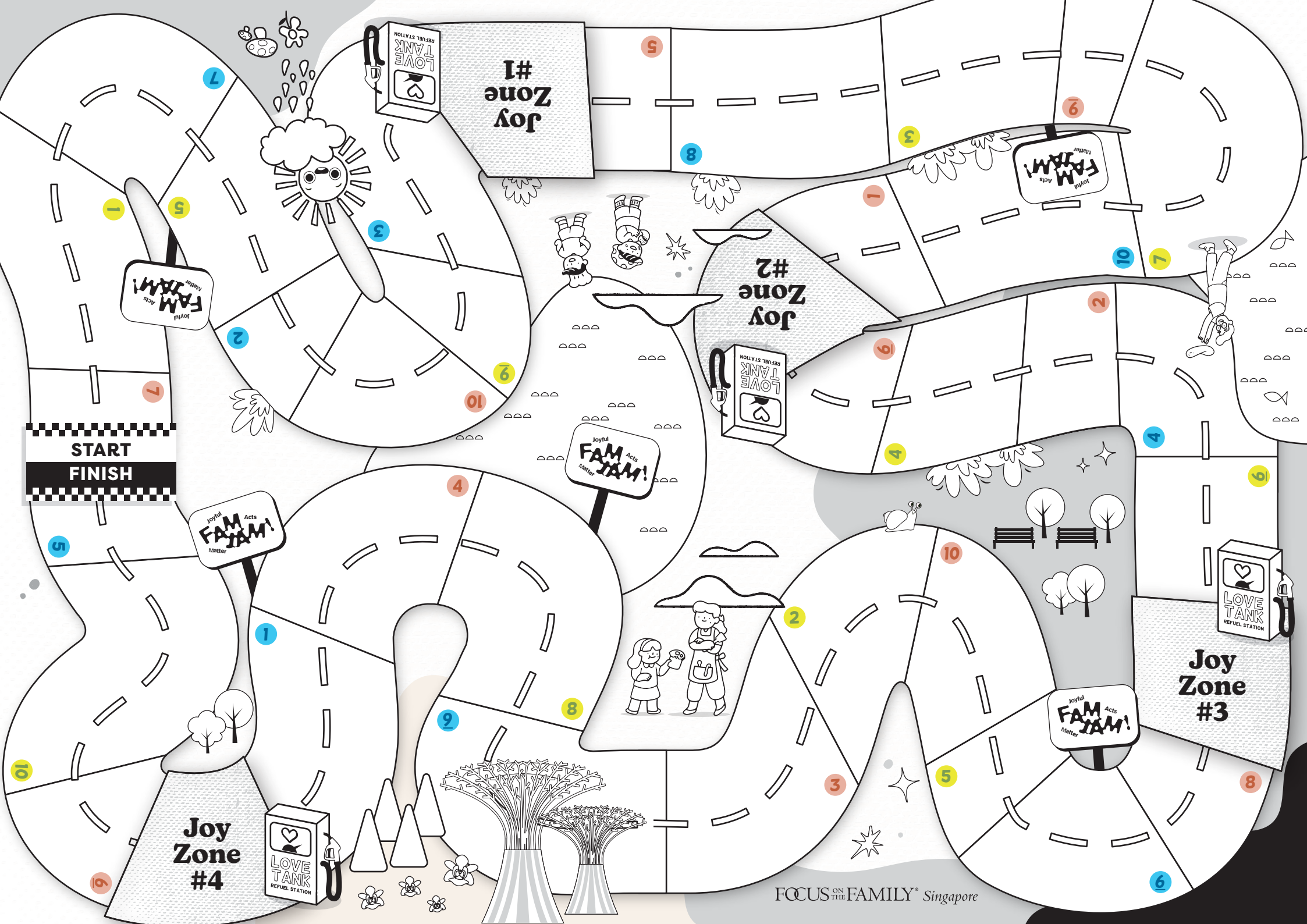




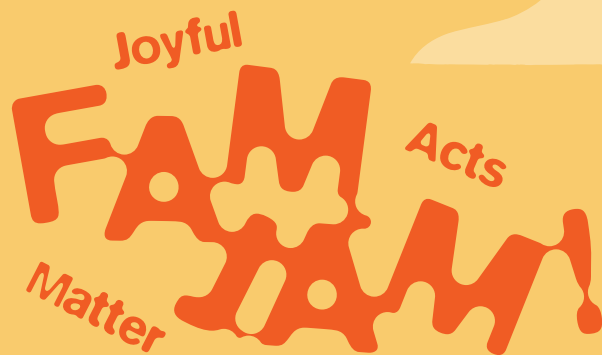
START
FINISH

#1
Joy
Zone

#2
Joy
Zone

Joy
Zone
#3

Joy
Zone
#4



LET'S SHARE JOY!

Complete challenges, encourage one another, and discover how joyful acts can make every day brighter at home.

GAME PLAY INSTRUCTIONS:

1. Print the Joyful Acts Map and Instructions Page.
2. Choose a game piece for each player. It can be any small item, such as an eraser or coin. You'll also need a dice.
3. Start at the Starting Line. Take turns rolling the dice and move your game pieces along the map.
4. When you land on a space, check the Instructions Page for the matching colour and number, and complete the activity or answer the question shown.
5. Keep taking turns until you reach the end.

QUESTIONS FOR CHILD

1. How can you be helpful at home today?
2. What home duty can you do this week?
3. Who can you be kind to today?
4. What nice thing did you do recently?
5. If someone needs help, what can you do?
6. What task do you like doing?
7. Who would you like to thank?
8. How can you share with a friend during play?
9. How can our family help others?
10. What is something kind you can do for someone?

QUESTIONS FOR PARENT

1. What chore did you do when you were little?
2. Why is helping at home important?
3. What kind thing has someone done for you?
4. Who taught you to be kind?
5. How can our family help others?
6. How do you feel when someone helps you?
7. How can we be kind to our neighbours?
8. What is a kind thing you've done for others?
9. What kind thing can we do together this month?
10. How can we help each other more?

JOY ZONE

1. **Helping Hands**
Help with a chore for 5 minutes.
2. **Thank You Time**
Say thank you to someone in our family.
3. **Be Kind**
Think of one person you can encourage today.
4. **My Kindness Promise**
Share one kind thing you will do this week.

FUN ZONE

1. **Chore Relay**
Work together to finish a chore.
2. **Kindness Charades**
Act out a kind action. Others guess!
3. **Compliment Time**
Say one nice thing about each person.
4. **Thankful Hunt**
Find three things you are thankful for.
5. **Helping Hero**
Who helps other people?
Why are they special?
6. **Family Challenge**
Name one way our family can help others.
7. **Surprise Clean-Up**
Clean up together for 2 minutes.
8. **Kind Neighbour Ideas**
Think of three ways to be kind to neighbours.
9. **Helping Ideas**
How many ways can children help?
10. **Kindness Promise**
Everyone shares one kind thing they will do.



For more resources:
famchamps.sg/juniorresources