

FAMCHAMPS™

Raising Young Family Champions



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FAMILY
CHALLENGE

The Family Challenge is part of the
FamChamps Camp Experience which
reinforces camp learnings and inspires family
bonding in different ways.

Here are some of the efforts made by the
2023 batch of FamChamps to live out Family!



anglicanhighschool



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For my big brother's birthday, I cooked dinner as a gift to celebrate. As this was the first birthday we spent as a family since my brother left to Melbourne to study, I wanted to make my gift special, especially since I haven't gifted him any presents for any of his recent birthdays.

I learnt how important my sibling ties were. My brother and I have not had an especially close relationship in the recent years, we had many unresolved arguments and shared few good memories. However, through this FamChallenge, I put aside my pride, and decided to let go of my grudges and take the first step in getting closer to not only my brother but the rest of my family as well. Despite the many setbacks I came across trying not to burn the kitchen down, I eventually managed to make a decent dish which my brother enjoyed.

EMMA,
ANGLICAN HIGH SCHOOL

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During the December holidays, my family and I, including a family friend, traveled to Japan. Since my father wasn't joining us, I was tasked with planning the trip. So I took up the task with intention of making my family had fun, as well as spend time with one another.

Through the entire trip, my family, more specifically my sister, shared with me more insights on her school life which I had never heard of before. I didn't expect to learn so much more about my family members, although I thought I knew a lot already. At the same time I learnt some navigation skills with the help of my family to navigate around Osaka, Nara and Kyoto.

Throughout the trip, I always had a sense of happiness. I was finally able to learn more about those I held dear throughout the 13 years of my life thanks to the trip. The experiences we shared together will certainly be engraved in my memory,

GAVIN,
ANGLICAN HIGH SCHOOL



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Outing with dad to haji lane! We went to buy vinyl records for our turntable and ate delicious Turkish food at Arab Street :))

I chose this activity because both my dad and I have really similar music tastes and we have recently bought a turntable for our house! This was why I felt that going vinyl record shopping at haji lane would be a great choice

ERICA,
BROADRICK SECONDARY SCHOOL



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Hii it's me Kaitlyn again!
This is my family challenge #3!

PREPARING MEAL FOR MY FAMILY 🧑🧒🧒🧒

The meal that I chose to provide is steamboat 🍲
as it was simple yet delicious meal that my whole
family enjoys 😊

I mean food is everyone's passion so I'm glad that I
have prepared this for them! Through this meal, I
have realised that it's actually not difficult to spend
time with family! Yk just a simple meal tgt, it's
already mean something! It means we have come
together as a family and just eat good food
together.

Food is Good, Memories are Formed! ❤️
#famchamps #familychallenge

KAITLYN,
BROADRICK SECONDARY SCHOOL

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Prepare a meal (★★)

I did cooking with some help from my parents. I have learnt to help out more at home as it's tiring for my parents to cook after a long day at work.

I will try my best to help out as much as possible.

Through preparing a meal I also learnt how to cook more dishes and how to make dishes more appetizing and it made me feel contented.

When my parents taste the meal they were shocked as they didn't expect I cook so well 😎.

ELAINE,
CHRIST CHURCH SECONDARY SCHOOL



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Brought my grandma on a "DATE". Seeing her aging day by day, I wanted to spend more time with her. I brought her to Bugis Junction to have a good meal and then afterwards brought her to experience some things I like to do (buy pop mart and take photos at the photo booth).

She was very engaged and happy. She shared many memorable memories she had when she was taking care of me when I was young. We had a wonderful day and I hope I can bring her out more often. 🥰

YSABEL,
CLEMENTI TOWN SECONDARY SCHOOL



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I planned this family outing for my grandma's birthday which happened recently. I feel that I should start helping my parents out since I'm also growing older and I can help to plan itineraries to release the burden for my parents and so that they do not have to stress out too much about events like this. They can also use the time to rest.

This is my first time planning an itinerary and I feel that it is time for me to step up and help my parents 😊😊😊 my parents also felt that I'm learning how to be more responsible and understanding towards situations 🍉🍉🍉

ADELLE,
CLEMENTI TOWN SECONDARY SCHOOL



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South Korea

🎵 wave to earth · love.

...



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Hey there! It's Cherise, sharing my last family adventure! Over the year-end holidays, my family and I travelled to Korea. It had been ages since we last travelled together, and let me tell you, this trip was pure magic. It brought back a flood of memories and drew us even closer as a family. I savoured every moment of our vacation and already can't wait for the next one. This journey taught me the true value of family, especially when we conquered Mount Hallasan in the blazing snow. It's incredible what we can achieve when we're together with our family!

Even though I didn't contribute to planning this trip, I'm definitely eager to lend a hand in organizing our next holiday during the June and December holidays. Planning ahead and creating unforgettable experiences with my family is something I'm surely looking forward to!!

CHERISE,
FAIRFIELD METHODIST SCHOOL (SECONDARY)

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family outings



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Hey guys, Sarah here. Nowadays, it is really difficult for my family to have a proper meal together every day, reason being that we all reach home at different times. Therefore, for my second family challenge, I decided to set and spend time with family at least twice a month. We could go out for a meal, a walk, shopping...

Through this family challenge, I got to know my family members better after spending more time with them and talking to them more. I would definitely say that these various outings have brought us closer together as a family and that even though this family challenge is completed, my family will continue to set time aside for each other.

SARAH,
FAIRFIELD METHODIST SCHOOL (SECONDARY)



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Family challenge 3: Make simple home repairs.

From this family challenge, I helped my grandfather to replace a lightbulb with a new one in our living room. As I am usually occupied with things to do, I hardly help my family members much with these repairs. Thus, this family challenge let me put some time aside to go and help my family member with these, which made us closer as it let me understand what they usually face better and doing that was something meaningful to do.

IAN,
GEYLANG METHODIST SCHOOL (SECONDARY)



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Chappies U-pick Cherries and Berries



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Hi everyone, Mentari here to share ab my 1st Family Challenge experience! I did this back in the December holidays when I visited my cousins in Australia. I planned an activity for the whole family to go out and pick cherries, and to make a pie out of it afterwards.

Through this experience, I learnt ab the importance of family. When my cousins were helping me prepare the pie, although they were making a mess, I could see how much they enjoyed it. While picking cherries, everyone was having fun spending time with each other. From this, I realised that it's important to spend time with your family and create meaningful experiences to improve your bond with them as you don't have all the time in the world, and it made me feel happy to catch up with my older cousins and play with my younger cousins again!

The family was very appreciative and enjoyed doing this activity and we will be doing this again next year!

MENTARI,
GUANGYANG SECONDARY SCHOOL

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Embarked on an unforgettable family adventure at iFly Singapore! 🌟 From the moment we stepped into the wind tunnel, the excitement was palpable. With each exhilarating moment of freefalling, we bonded as a family, sharing laughter and cheers. It was incredible to witness each member of our family conquer their fears and embrace the thrill of indoor skydiving. Grateful for these precious moments and the memories we created together.

After our thrilling adventure at iFly Singapore, we continued the fun by joining another family for dinner! 🍴 Sharing stories of our indoor skydiving experience over delicious food and laughter made the evening even more memorable. Here's to new friendships and unforgettable moments!

#iflysingapore #familydinner

MING ZE,
MARIS STELLA HIGH SCHOOL

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Hello! During the December holidays, my family visited my uncle and his family who are residing in Thailand. I initiated and organised a 2D1N camping trip, and my uncle suggested some places that are suitable for camping near his place. I got to learn to pitch a tent for the very first time and it was hard work! I also planned a hotpot for dinner, and got ready the ingredients with my aunt beforehand YUMMMSSSS :P I had a great bonding time with my cousins and I hope that during the next school holiday we can do this again!

**JANELLE,
PAYA LEBAR METHODIST GIRLS' SCHOOL
(SECONDARY)**

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Hey everyone! That's a picture of me and my family on our trip to Korea last year and the next slide is my grandparents!

To my family: thank you for always taking care of me despite how forgetful and chaotic I can be at times 😊 I really enjoy the precious times where we watch kdramas and tv shows as a family (and cry/laugh together while watching) especially now that we're older and our schedules are harder to match up. Thank you for all the holidays y'all have brought me to, allowing me to experience being in different countries even though it's expensive 💖 thanks kor, for dealing with my math questions from primary sch until now LOL

To my grandparents: thank you for taking care of me ever since I was born. Thank you ahma for always waking me up at 7.30 to prepare for kindergarten, making sure I eat well after coming home from primary school and being there to help me when I wanted to learn how to sew 🧵 thank you ahgong for picking me and korkor up after primary school everyday with your taxi, making me orange juice as a baby even though I refused to say your name until the very end HAHAAH. Thank you for always taking care of me, even until now.

Love y'all a lot (even though I don't say it out often) ☺

**JING EN,
PAYA LEBAR METHODIST GIRLS' SCHOOL
(SECONDARY)**

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Using canva, I designed some slides that included pictures and words of appreciation towards my family members. Searching for pictures made me realize just how little I spent time with my family and it encourages me to want to spend more time with them. Some of the pictures hold such sentimental memories ❤️ I appreciate my family and all they have done for me so much :)

Making this post made me reflect on my thanksgivings. No one gets to choose which family they are born into, but through this I have realized how blessed I am to have such a loving family (and dog)!!

**GABRIELLE,
ST HILDA'S SECONDARY SCHOOL**



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Organised a Christmas party for my family members. I found a time which all my family members could make it, went online to find for food and also planned for gift exchange.

During the Christmas party, everyone enjoyed themselves and had so much fun. The most fun part for everyone was the gift exchange when the children received the most amount of gift. Organising this Christmas party was a very fun experience which I would love to try again.

**JANELLE,
ZHENGHUA SECONDARY SCHOOL**



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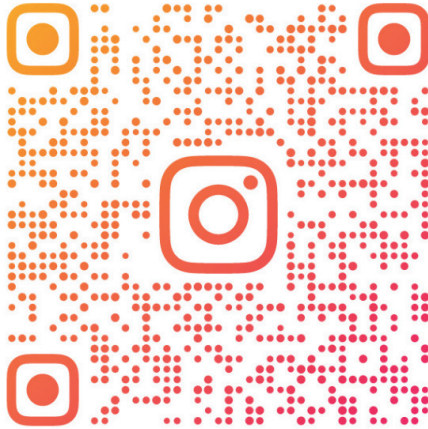


Making simple home repairs. Usually, my dad would be the person in my family doing all the repairs. During the one week holiday, I decided to give a helping hand in fixing some furniture that we have bought. Although it's not my first time, I learned many things and tricks that my dad had used.

**SHEIK,
ZHENGHUA SECONDARY SCHOOL**



*The heartbeat of our city
thrives on family*



@FAMCHAMPS

Get to know our
family champions!

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A community movement by
Focus on the Family Singapore
that raises young family champions
in Singapore who believe in, live out
and champion family.